About the AAGP 2021 Annual Meeting

The number of older adults with mental illness is growing at an incredible rate and have a significant impact on our nation’s health. The AAGP Annual Meeting is the largest meeting of physicians and other health care professionals focused on late-life mental illness. The number of attendees are increasing year after year because this meeting has become the primary scientific meeting for presentation of cutting-edge research and new clinical innovations related to late-life mental illness.

Due to the continued spread of COVID-19 and the pandemic’s uncertain course, the AAGP Board of Directors has chosen to offer a virtual meeting in 2021 that will provide high-quality educational programming for all attendees while helping to maintain attendee safety and public health.

The AAGP Meeting will be held March 15-19, 2021, and offer:

- 25 Sessions during the live 5-day meeting. These sessions will feature live Q&A discussions with session faculty.
- 17.5 AMA Category 1 Credit Hours will be available for the live meeting
- Up to 10 additional AMA Category Credit Hours will be available for on-demand session content
- 8 AMA PRA Category 1 Credits ABPN-approved MOC-2 Self-Assessment Credit Exam (available on March 1, 2021-April 30, 2021)
- Continuing Education Credit Hours will be offered for Nurses, Psychologists, Social Workers and Pharmacists.
- There will be a virtual Poster Halls for Early Investigators and New/Late-Breaking Research.
- Attendees have the opportunity to earn additional CME credit by participating in the monthly AAGP Webinar Series or reviewing prior webinar presentation enduring material free of charge thanks to a generous educational grant provided by the American Board of Psychiatry & Neurology.
Who Should I Attend?
The AAGP Annual Meeting offers cutting-edge educational programming for a broad audience of allied health professionals, including geriatric and general psychiatrists, psychologists, nurse practitioners, social workers and researchers. We also encourage general psychiatry residents and medical students with a special interest in the mental health treatment of older adults to attend our annual meeting.

Learning Objectives:
- Compare the major mental disorders of late life and contrast the presentation of the major mental disorders of late life with presentation among other patient populations
- List the chief risk factors associated with each of the major mental disorders of late life and factors associated with optimal mental functioning
- Assess clinical pharmacotherapy and psychosocial treatments for late-life mental illness including depression, dementia, schizophrenia, delirium, bipolar disorder, Parkinson’s disease, generalized anxiety disorder, substance abuse, and sleep disorders, and apply best practices to individual treatment plans to impact quality of life
- Describe three age-related changes in pharmacologic response and how those changes make elders vulnerable to adverse outcomes
- Identify behavioral interventions for managing agitation and other dementia-related behavioral issues and cite three evidence-based applications that can be utilized in complex cases
- Describe one complementary treatment approach that can be utilized in a psychosocial intervention
- Compare and contrast the delivery of culturally appropriate care to specific diverse populations in geriatric psychiatry practice by identifying the unique psychosocial needs of various groups of the elderly population
- Describe the concepts of successful aging and quality of life as related to life transitions and mental status
- Utilize the latest research methodologies and findings to clinical cases in geriatric psychiatry

What’s Different This Year?
Committee and Caucus Meetings will be held at regular intervals throughout 2021 but not concurrent with the AAGP 2021 Annual Meeting. Check the meeting website or AAGP Member Connect for currently scheduled Committee and Caucus Meetings. AAGP Member Connect will be replacing the committee and caucus listservs so if you’ve not already created your profile, you may do so here.

There will be no Geriatric Psychiatry Board Review Course. Those wishing to refresh their skills for certification or re-certification board exams may wish to purchase the AAGP iGPSAP, an online self-study program with more than 500 questions in more than 35 categories to assist you as you prepare for subspecialty certification or re-certification. The iGPSAP is designed as a self-study program and is not intended to be an examination. The iGPSAP is worth 42 AMA PRA Category 1 Credits.

The Training Directors Workshop will take place virtually on March 12, 2021, and a follow up meeting on April 12, 2021. Check the Teaching & Training Committee Community on AAGP Member Connect for more information.
The AAGP Honors Scholars Program will not take place in concert with the 2021 AAGP Virtual Annual Meeting but instead be held on March 26 to allow scholars and medical students to attend the entire virtual meeting and participate in a full day of program specially created for them on March 26.

AAGP Annual Meeting Participation and Code of Conduct

The American Association for Geriatric Psychiatry (AAGP) Participation Policy is to promote an environment of mutual respect, well-being, and collegiality throughout the organization and its meetings whether in person or online. AAGP values and benefits from the diverse opinions its members, other stakeholders, and conference attendees hold on issues with which the Association and the psychiatric profession are confronted.

All individuals attending the AAGP Annual Meeting agree to conduct themselves in a manner appropriate for conference attendees. This includes respect for the intellectual property of others, proper display and use of any meeting credentials or meeting badges, and the avoidance of inappropriate behavior toward others in both online and in-person settings.

Participants agree to respect the views of others and to exhibit professionalism and collegiality. AAGP reserves the right to remove meeting access rights of any individual violating this policy and will not provide a refund.

By registering for this meeting, you agree to abide by the Participation Policy as described above.

Reporting Procedure

Complaints, reports, or inquiries may be made under this policy on a confidential or anonymous basis. They should describe in detail the specific facts demonstrating the basis for the complaints, reports, or inquiries. They should be directed any member of the AAGP Board of Directors, Executive Director, or Program Chair(s). If these persons are implicated in the complaint, report, or inquiry, it should be directed to the AAGP President. The AAGP Executive Committee will conduct a prompt, discreet, and objective review or investigation consistent with existing procedures for administering complaints as applicable. Plaintiffs must recognize that AAGP may be unable to fully evaluate a vague or anonymous general complaint, report, or inquiry.

Consequences

Consequences may include but are not limited to: expulsion from the meeting without refund, denial of attendance privileges for future meetings, revocation of AAGP membership without refund, reporting to the American Board of Psychiatry & Neurology, other state/local medical boards as appropriate, and any applicable legal prosecution in extreme cases.
### Schedule at a Glance (Tentative)

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<td>American Journal of Geriatric Psychiatry: Translating Research Evidence into Clinical Geriatric Mental Health Practice</td>
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<td>2:00 PM - 3:15 PM</td>
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<td>Developing Your Research Career</td>
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<td>Ageism: a new look at an age old problem in 3 timely contexts</td>
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<td>Early Detection and Treatment of Age-Related Cognitive Decline</td>
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<td>Integrating Non-pharmacological and Pharmacological Interventions in the Treatment of Behavioral and Psychological Symptoms of Dementia</td>
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<td>2:00 PM - 3:15 PM</td>
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<td>National Academy of Neuropsychology (NAN) Session: Benefits of Neuropsychological Evaluations: From Cognitive Screening to Comprehensive Assessments</td>
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<td>New Research and Late Breaking Poster Session</td>
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<td>Friday, March 19</td>
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<td>Plenary Session PL5</td>
<td>Equity, Racism and Healthcare Delivery Systems: COVID and Beyond</td>
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<td>ECT-AD: Benefits and challenges of conducting a multisite NIH-funded clinical trial in a vulnerable population</td>
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<td>Recipes for Adult Learning: Innovations in teaching neuroimaging to geriatric trainees</td>
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<td>Bridging the Gap between Neurology and Psychiatry - Psychiatric Symptoms in the course of Neurodegenerative Disorders</td>
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<td>Management of Geriatric Bipolar Disorder: A Case Series and Review of Current Evidence-Based Treatment Guidelines</td>
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**Plenary/ISS Sessions Information**

Monday, March 15, 2021
11:00 AM - 12:00 PM Eastern

**PL1: Opening Plenary**

**Faculty:**
Rajesh R. Tampi, MD, MS, DFAPA, DFAAGP  
Cleveland Clinic Akron General

Brent Forester, MD, DFAAGP  
McLean Hospital

Michelle Conroy, MD  
Yale University School of Medicine, VACT Medical Center

Kirsten Wilkins, MD  
Yale School of Medicine, VACT Medical Center

**Description:** Welcome by Kirsten Wilkins, MD and Michelle Conroy, MD, AAGP 2021 Annual Meeting Program Chairs, Presentation of the 2021 AAGP Awards by Rajesh Tampi, MD, MS, DFAPA, DFAAGP, AAGP Co-President and Brent Forester, MD, AAGP Co-President, Presidential Plenary Address by Marc Agronin, MD, AAGP President-Elect
Tuesday, March 16, 2021
11:00 AM - 12:00 PM Eastern
PL2: Home and Community based Interventions for Dementia Care: The Challenge of Bringing Evidence to Practice

Faculty:
Laura Gitlin, PhD, FGSA, FAAN
Dean of the College of Nursing and Health Professionals
Drexel University

Description: Families are in the forefront of providing care to persons living with dementia throughout the disease trajectory. Nevertheless, they typically do not receive disease education nor support and most are told that there is “nothing that can be done.” However, there are evidence based approaches tested in randomized trials that can help families manage the clinical symptoms of dementia including functional dependence, dementia-related behavioral and psychological symptoms and caregiver distress. Described are a number of proven home and community based programs that have been shown to support quality of life. Also discussed are the challenges of translating this research evidence into clinical settings. The main message of this talk is that there are evidence-based approaches that can be used now yet we have significant challenges bringing the evidence to practice. We must change the “no cure - nothing can be done” message that families receive to the provision of evidence-based strategies that support families at each disease stage. Implications for this research-practice gap for workforce preparation, policy and reimbursement are highlighted.

Wednesday, March 17
11:00 AM - 12:00 PM Eastern
PL3: Dementia Prevention at the Population Level: Modifiable Risk Factors

Faculty:
Kristine Yaffe, MD
Director
University of California San Francisco’s Center for Population Brain Health

Description: A compelling and robust body of research suggests that modifiable risk factor reduction could substantially impact risk of Alzheimer’s disease (AD) and dementia. The evidence is strongest for cardiovascular risk factors as well as lifestyle risk factors including both physical and cognitive activity while promising data is also emerging for sleep disorders and traumatic brain injury. Cumulatively, the data supports modifiable risk factor reduction at the population-based level, with increasing evidence for multi-domain interventions. Dr. Yaffe will discuss recent trends in dementia, the latest findings, and the public health implications of these strategies.
Thursday, March 18
11:00 AM - 12:00 PM Eastern
ISS: Into the Future of Dementia-Related Psychosis Care: Accurate Diagnosis and Safe Treatment

Faculty: TBD

Description: Currently, approximately 6 million people in the United States suffer from dementia.\(^1,2\) By 2060, the prevalence is expected to reach 13.9 million.\(^2\) Among patients with dementias (including Alzheimer’s disease, vascular dementia, dementia with Lewy bodies, Parkinson’s disease dementia, and frontotemporal dementia), between 15% and 75% experience symptoms of psychosis.\(^3\) Ongoing educational efforts in the area of psychosis related to neurodegenerative diseases have elucidated persistent practice gaps among clinicians related to pervasive misconceptions about the pathophysiology and best practices in treating this devastating family of conditions. Specific points of potential improvement in the management of dementia-related psychosis (DRP) identified through interviews with experts, a literature review, and analysis of outcomes from related educational activities include:

- Underdiagnosis of DRP stemming from inconsistent root cause assessment for psychosis and a prevalent lack of confidence in DRP diagnosis
- Inappropriate sedative treatment of persons displaying bothersome symptoms of dementia
- Lack of familiarity with clinical trial data for emerging treatments as well as agents commonly used off-label to treat symptoms of DRP

Friday, March 19, 2021
11:00 AM - 12:00 PM Eastern
PL5: Equity, Racism and Healthcare Delivery Systems: COVID and Beyond

Faculty:
Tom Sequist, MD
Chief Patient Experience and Equity Officer
Mass General Brigham

Description: TBD

Educational Sessions Information
Each 75-minute session will include a 60-minute pre-recorded content and live Q&A with the presenters.

Monday, March 15, 2021
12:30 PM - 1:45 PM Eastern
100: Meet the National Institutes of Health (NIH)

Faculty:
Howard Aizenstein, MD, PhD
Olivia Okereke, MD, MSc
Molly Wagster, PhD
Jovier Evans, PhD
Description: The Research Committee will organize this workshop in collaboration with program officers from the NIMH and NIA, who will serve as presenters. All independent researchers and interested research trainees are invited to participate.

Monday, March 15, 2021
12:30 PM - 1:45 PM Eastern
101: Molecular Imaging in Alzheimer’s Disease: Linking pathologic, neurotransmitter, synaptic and clinical findings relevant to geriatric psychiatry

Faculty:
Nancy Donovan, MD
Adam Mecca, MD
Gwenn Smith, PhD
Jennifer Gatchel, MD, PhD

Description: The goal of this session is to illustrate the importance of in vivo molecular imaging in the study of Alzheimer’s disease. The four speakers will provide data from their own research to demonstrate key methodological approaches that allow investigators to extend our understanding of molecular brain changes due to Alzheimer’s disease, their associations with cognitive and non-cognitive symptoms, and how these brain changes may interact with other risk factors to influence cognitive trajectories. Included studies have utilized various PET imaging methods to investigate synaptic protein alterations and tau accumulation in individuals with Alzheimer’s disease; to elucidate the roles of serotonin (5-HT), tau and amyloid in cognitive decline in individuals with mild cognitive impairment and normal cognition; to describe the associations of subjective cognitive and depressive symptoms with PET-derived measures of amyloid and tau in a non-impaired sample; and to examine the combined effects of brain amyloid burden and widowhood status on cognitive outcomes in cognitively normal individuals. Using examples from their own research, the speakers will introduce and explain key concepts related to their methods and results, and provide guidance as to how physicians and other healthcare providers can incorporate the research findings into their clinical knowledge base and practice.

Monday, March 15, 2021
2:00 PM - 3:15 PM Eastern
102: How to Peer Review a Paper

Faculty:
Dennis Popeo, MD
Jordan Karp, MD
Paroma Mitra, MD
Nery A. Diaz, DO

Description: In this interactive workshop, participants will learn about the basic process of peer review, learn about a "how to" guide for review, and then use that guide to review a section of a manuscript. Later, participants will receive insight from an editor of The American Journal of Geriatric Psychiatry.
Monday, March 15, 2021
2:00 PM - 3:15 PM Eastern
**103: Stonewall Uprising: Impact on older LGBT Adults**

**Faculty:**
Peter Ureste, MD
Hein Latt, MD
William Smith, MD

**Description:** Generational differences among older LGBT adults exist due to adapting to the historical times. Before the Stonewall Riots, sexual minorities were more likely to protect themselves by hiding their identities resulting in limited access to sources of social support. LGBT individuals living during the Stonewall uprising and subsequent Gay Rights Movements were more likely to disclose their sexual minority status, which led to greater victimization and discrimination, but simultaneously allowed them to identify other sources of support. This session will review the cohort differences among LGBT older adults, and conclude with a discussion on current events affecting aging LGBT individuals.

Tuesday, March 16, 2021
12:30 PM - 1:45 PM Eastern
**200: Beyond ECT – Neuromodulation and Interventional Psychiatry for Treatment Resistant Depression in Later Life**

**Faculty:**
Randall Espinoza, MD, MPH
Ali Asghar-Ali, MD
Aaron Kaufman, MD, MSc

**Description:** The personal health, societal and economic costs of depressive illness are well-recognized. When depression does not respond to usual interventions, it is termed Treatment-Resistant Depression (TRD). The precise prevalence of TRD in Later Life (TRD-LL) is unknown, although many factors contributing to TRD may be more common in older populations. The clinical management of TRD-LL is discussed with focus on distinct considerations and newer approaches relevant to the care of older patients.

Tuesday, March 16, 2021
12:30 PM - 1:45 PM Eastern
**201: Novel neurostimulation approaches: Focus on neuropsychiatric symptoms**

**Faculty:**
Linda Mah, MD, MSc
Krista Lanctôt, PhD
Sanjeev Kumar, MD
Corinne Fischer, MD

**Description:** Neuropsychiatric symptoms (NPS) occur frequently in Alzheimer’s disease (AD) and its prodrome, Mild Cognitive Impairment (MCI), and are associated with more rapid decline in AD and increased rates of...
conversion from MCI to dementia. Pharmacological interventions for NPS in neurocognitive disorders have not been shown to be effective and moreover, often have unfavourable side effect profiles for older adults. Non-pharmacological approaches such as neurostimulation hold promise for treatment of NPS in neurocognitive conditions, both from a symptomatic point of view, and potentially, as a means to slow disease progression. This symposium will discuss novel neurostimulation modalities for treatment of NPS in AD and MCI and review preliminary findings from ongoing trials of transcranial direct current stimulation (tDCS) combined with exercise for treatment of apathy in AD, tDCS alone for agitation in AD, and deep transcranial magnetic simulation (dTMS) for treatment of depression in AD and MCI; and discuss the potential role of photobiomodulation as a novel neurostimulation therapy for NPS in AD and related dementias.

Tuesday, March 16, 2021
2:00 PM - 3:15 PM Eastern
202: Developing Your Clinician / Educator Career

Faculty:
Dennis Popeo, MD
Alessandra Scalmati, MD, PhD
Elizabeth Santos, MD, MPH
Brandon C. Yarns, MD, MS

Description: In this special workshop, participants will learn skills that will help them progress in academic psychiatry. This year we will focus on giving effective feedback, creating a winning CV and tips on strategic thinking about career advancement.

Tuesday, March 16, 2021
2:00 PM - 3:15 PM Eastern
203: International Psychogeriatric Association (IPA): Topics in Aging and Mental Health

Faculty:
Elizabeth Galik, PhD, CRNP, FAAN, FAANP
Mary Sano, PhD
Maria I. Lapid, MD
William E. Reichman, MD

Description: IPA has been committed to improving mental health for older persons everywhere. To accomplish this the organization has focused on providing a multi-disciplinary approach to care with full membership and equal representation and support to all professionals involved in the mental health care of older adults. IPA offers multiple venues to deliver its mission including through a quarterly Bulletin, an official, peer-reviewed journal, International Psychogeriatrics, as well as expert panels, meetings and online courses. The efforts to support this mission include activities such as developing international criteria for diagnosing behavioral disturbances that occur with cognitive impairment and dementia and creating discipline-specific guidelines for the treatment of these disorders. IPA provides mentorship and training in geriatric psychiatry for those without local access to such programs; development and promotion of innovative approaches to long term care; and advocacy for interdisciplinary care models to achieve the best health outcomes for older patients. This session will provide a description of both historical and current efforts to share knowledge that
extends the highest quality mental health care to seniors across the globe. IPA expert members will describe challenges and opportunities to insure better mental health for older persons across the globe.

Wednesday, March 17, 2021
12:30 PM - 1:45 PM Eastern

300: Depression Recurrence – challenges, approaches and insights from neurobiology

Faculty:
Olu Ajilore, MD, PhD
Warren Taylor, MD
Carmen Andreescu, MD
Charles Reynolds, MD

Description: This session will describe the latest research describing the neurobiology risk factors for recurrence in late-life depression (LLD). The work highlighted will describe what we know about the frequency of LLD recurrence in addition to novel ways of modeling risk factors for recurrence using digital biomarkers and neuroimaging. These methods are discussed in the context of a mechanism for LLD recurrence that relates these risk factors to disrupted homeostasis.

Wednesday, March 17, 2021
12:30 PM - 1:45 PM Eastern

301: Gay and Gray X: Red Ribbon Redux: The Challenges of Long-term Survival with HIV

Faculty:
Daniel Sewell, MD
Chadrick Lane, MD
Dustin Nowaskie, MD
Stephen Smilowitz, MD
Lindsay Page, MD
Erawadi Singh, DO

Description: In 2016, the CDC found that nearly half of the individuals living with HIV in the United States were 50 years-old or older. Although new infections occur in older adults, the overwhelming majority of those who are over 50 and living with HIV became infected when much younger and did not expect to survive long-term. The focus of this session will be to provide the latest scientific information available about the medical, psychiatric, psychological and social challenges experienced by older, long-term survivors of HIV infection. Topics covered during this session will include: 1) the various ways that HIV can cause cognitive impairment; 2) the neurocognitive profiles typical of HIV Associated Neurocognitive Impairment (HAND); 3) the "triple stigma" that impacts many of the older adults living with HIV; 4) the multimorbidity that characterizes this group; 5) protective factors interventions to combat stigma; 6) the resources available to help these individuals; 7) the barriers that older adults with HIV/AIDS face in accessing resources; 8) the heterogeneity of older adults living with HIV; and 9) a case presentation of a 63-year-old gay man living with HIV since he was in his 20s which highlights many of the themes of this session.
Wednesday, March 17, 2021
2:00 PM - 3:15 PM Eastern

**302: American Journal of Geriatric Psychiatry: Translating Research Evidence into Clinical Geriatric Mental Health Practice**

**Faculty:**
Helen Lavretsky, MD
David Steffens, MD
Dan Blazer, MD, PhD
Gwenn Smith, PhD
Josh Spieler, BSN
Ipsit Vahia, MD

**Description:** This symposium will describe the role of the American Journal of Geriatric Psychiatry in translating research evidence into clinical practice.

Wednesday, March 17, 2021
2:00 PM - 3:15 PM Eastern

**303: Developing Your Research Career**

**Faculty:**
Jennifer Gatchel, MD, PhD
Adam Mecca, MD
Prasad Padala, MD

**Description:** This meeting provides information on opportunities for new researchers in geriatric psychiatry and how to get started, obtain research training and support, and persist in the research field.

Thursday, March 18, 2021
12:30 PM - 1:45 PM Eastern

**400: Ageism: a new look at an age old problem in 3 timely contexts**

**Faculty:**
Susan Lehmann, MD
Mary Blazek, MD
Dennis Popeo, MD

**Description:** Ageism is present in healthcare settings, medical schools and in society, and has a negative impact on patients, learners and clinicians. While there is evidence from empiric studies that negative attitudes towards older adults exist in healthcare and medical education settings, it is less clear how these attitudes can and should change. Key questions are: How do we improve attitudes about aging to prepare the next generation of physicians to provide excellent care to older patients? How do we distinguish between advocacy and ageism? In this symposium, 3 geriatric psychiatrists who are also medical educators, explore the impact of ageist attitudes in 3 settings and discuss the older physician in academic medicine, the use of art and
humanities to combat negative attitudes about aging in trainees, and the intersection of aging, bias and health disparities in society at large.

Thursday, March 18, 2021
12:30 PM - 1:45 PM Eastern
401: Early Detection and Treatment of Age-Related Cognitive Decline

Faculty:
Gary Small, MD
Jennifer Gatchel, MD, PhD
Davangere Devanand, MD
Terry Goldberg, PhD

Description: In this symposium, we will present new research on early detection and treatment strategies for age-related cognitive decline and asymptomatic Alzheimer’s disease and highlight its relevance to current and future clinical practice. We will describe recent research on clinical and neurobiological risk factors; how they apply to specific diagnostic subtypes of dementia, particularly Alzheimer’s disease; show that specific genetic and biomarker features can protect against the risk of developing dementia; and present recent research on intervention strategies for protecting cognitive health.

Thursday, March 18, 2021
2:00 PM - 3:15 PM Eastern
402: Integrating Non-pharmacological and Pharmacological Interventions in the Treatment of Behavioral and Psychological Symptoms of Dementia

Faculty:
Piruz Huda, MS

Description: This clinically focused presentation will demonstrate an evidenced-based approach for psychiatric providers to educate family and caregivers on non-pharmacological interventions (NI) aimed to reduce the severity and frequency of behavioral and psychological symptoms of dementia (BPSD), as well as integrating this teaching content with pharmacological interventions (PI). Session content will reinforce why NI is considered the first line intervention for BPSD, and how PI will not be successful without effective NI. Evidenced based NI to be discussed include STAR/ABCs of behavior management and implementation of the DICE approach into clinical practice. Real world barriers to effective treatment within the clinic and long-term care settings will be identified and practical strategies to counter these will be discussed, such as: assessing family/caregiver education needs, modeling communication skills, implementing a pleasant events program for patients to reduce BPSD, use of online resources, and how to code/bill for time spent not involving face to face time with patients. Evidenced based PI for BPSD will be reviewed as well as approaches to educate family and caregivers on realistic expectations and safety concerns of PI for BPSD. Application of this session’s content to consulting for primary care and long-term care providers will be discussed.
Thursday, March 18, 2021
2:00 PM - 3:15 PM Eastern

**403: National Academy of Neuropsychology (NAN) Session: Benefits of Neuropsychological Evaluations: From Cognitive Screening to Comprehensive Assessments**

**Faculty:**
Tresa Roebuck Spencer, PhD, ABPP-CN

**Description:** Clinical neuropsychology focuses on the evaluation and treatment of brain-based disorders using well validated tests and methodologies. Neuropsychologists work in a variety of medical settings and frequently work within integrated interdisciplinary teams. Individual neuropsychological evaluations focus on the assessment of cognitive functioning across a variety of domains and typically include assessment of emotional and neurobehavioral status and functional abilities. These evaluations can be comprehensive or highly focused and are often utilized to aid in differential diagnosis, treatment planning, discharge planning, determination of functional capacities, and determination of potential barriers to treatment compliance. Neuropsychological testing is also the gold standard for assessing cognition in clinical trials and determination of medication efficacy where cognition is the target of treatment. Finally, neuropsychological testing, in combination with genetic markers and imaging, aids with diagnostic distinctions. Neuropsychologists are also involved in treatment of patients with brain-based disorders through the provision of psychotherapy, creation of behavioral modification plans, cognitive rehabilitation, and valuable psychoeducation to patients and their families. This workshop will describe the best ways to utilize neuropsychological services and will describe the types of referral questions that can be addressed with neuropsychological evaluations. Given the ever-present pressure to provide time and cost-effective services, computerized cognitive screening programs are growing in popularity. The pros and cons of these tools versus more comprehensive assessments will be discussed.

Friday, March 19, 2021
12:30 PM - 1:45 PM Eastern

**500: ECT-AD: Benefits and challenges of conducting a multisite NIH-funded clinical trial in a vulnerable population**

**Faculty:**
Brent Forester, MD, MSc
Louis Nykamp, MD
Georgios Petrides, MD
Maria I. Lapid, MD
Adriana P. Hermida, MD

**Description:** Investigators of a multisite NIA-funded research to investigate efficacy and safety of ECT for severe agitation in advanced Alzheimer’s disease (AD) will describe lessons learned so far in the grant application process and navigation through all the research aspects to implement the study.
Friday, March 19, 2021
12:30 PM - 1:45 PM Eastern
501: Recipes for Adult Learning: Innovations in teaching neuroimaging to geriatric trainees

Faculty:
Mario Fahed, MD
Chadrick Lane, MD
Siddharth Khasnavis, MD
Adam Mecca, MD

Description: In an attempt to provide geriatric psychiatry trainees with information relevant to their daily practice, we set out to create a longitudinal neuroimaging curriculum. To do so, we constructed an interactive syllabus around the scaffold of Adult Learning Theory. In recent years, there have been several shifts in the approach to medical education from a more passive, lecture-based format to one of active clinical application of knowledge. This evolution has been founded in evidence-based elements of adult learning, including relevance, previous experience, and experiential design. Medical schools have led the front in overhauling curricula to reflect these maxims with much success. Regular workshops span the academic year and include independent learning in between. Training branches included PG2+ residents, Geriatric Psychiatry fellows and Geriatric Medicine Fellows.

Friday, March 19, 2021
2:00 PM - 3:15 PM Eastern
502: Bridging the Gap between Neurology and Psychiatry- Psychiatric Symptoms in the course of Neurodegenerative Disorders

Faculty:
Kasia Gustaw Rothenberg, MD, PhD
James Leverenz, MD
Jagan Pillai, MD, PhD

Description: Psychiatric symptoms are increasingly recognized in the course of degenerative disorders like Alzheimer’s disease, Lewy Body or Vascular Dementia. Heterogeneity in pathognomonic presentation of those diseases requires the combination of diagnostic skills and tools from both disciplines: psychiatry and neurology.

Friday, March 19, 2021
2:00 PM - 3:15 PM Eastern
503: Management of Geriatric Bipolar Disorder: A Case Series and Review of Current Evidence-Based Treatment Guidelines

Faculty:
David Atkinson, MD
Rana Jawish, MD
Description: Geriatric bipolar disorder is associated with high utilization of health care services, persisting disability, cognitive impairment, increased mortality, and increased risk of suicide. However, evidence to guide clinical management of this disorder is limited, often based on studies of non-geriatric patients. In this session, we will present a case series of older veterans with geriatric bipolar disorder engaged in longitudinal mental health care at the Minneapolis Veterans Affairs Medical Center. We will then review the most current literature on evidence-based treatment guidelines for geriatric bipolar disorder. Finally, through critical examination of real-world clinical practice challenges and the current state of the evidence, discuss future steps needed in geriatric bipolar disorder research.

On-Demand Sessions
Pre-recorded sessions available for attendees to view starting on March 15 for additional CE/CME credit.

Forensics in Geriatric Psychiatry Fellowship: Evolution and Practice Value

Faculty:
Randall Espinoza, MD, MPH
Aaron Kaufman, MD, MSc
Taya Varteresian, MD, MS
Sarah Mourra, MD

Description: The symposium will discuss the experience of the UCLA Geriatric Psychiatry Fellowship Program in the development of a multimodal curriculum for teaching fellows the skills pertinent to a practicing geriatric psychiatrist in the field of elder law and related medicolegal issues. The result was an interdisciplinary collaboration among UCLA, Los Angeles County Department of Mental Health (DMH), local law schools, and private practice attorneys and judges.

International Medical Graduates and a Career as a Geriatric Psychiatrist

Faculty:
Arushi Kapoor, MD, MS
Rajesh Tampi, MD, MS, DFAPA, DFAAGP
Amita Patel, MD, CMD, MHA, CPE
Iqbal Ahmed, MD, FRCPsych, DLFAPA

Description: In this symposium we will define who is an International Medical Graduate (IMG) and discuss the role of the IMGs in care of older adults with psychiatric illness in United States. We will enumerate the unique challenges faced by IMGs while training and working in the United States. We will describe strategies that will enable IMGs to integrate into the mainstream geriatric psychiatry workforce. We will review the roles of IMGs as private practitioners, educators, as academicians and as researchers. We will also discuss how organizations like the AAGP can play a greater role in attracting larger number of IMGs to join the geriatric psychiatry workforce and also the AAGP. Greater number of geriatric psychiatrists will enable improved access to care for the older adults with mental illness. It will also maintain the success of AAGP in being the only national organization that safeguards the interest of the geriatric psychiatry clinician in the United States.
Moral Injury in Vietnam Veterans: what Community Providers need to know

Faculty:
Maria Llorente, MD
Elspeth C Ritchie, MD

Description: This session will review the concept of moral injury as it applies to a combat theater. It will describe the characteristic signs and symptoms of moral injury, compare and contrast it with PTSD, and review how to assess whether this phenomenon is clinically present. The presentation will also assist the clinician in understanding what they can do to help, how to offer stress first aid, and case studies will be provided for audience participation.

Opening the Door on Hoarding Disorder in Seniors: Not As Seen on TV

Faculty:
Eliza Davidson, MS
Tina Mayes, PhD, MA
Steve Huege, MD

Description: In this presentation, participants will receive an overview of the assessment and treatment of hoarding disorder in at-risk older adults, including the utilization of a community-based interdisciplinary in-home treatment program. The geriatric psychiatry training opportunities afforded by this program will also be discussed.

Productive Aging and Creativity: The Lives and Arts of Agatha Christie, Frank Lloyd Wright and Wayne Wallace

Faculty:
Maria Llorente, MD
Rita Hargrave, MD

Description: This session will review the principles of Productive Aging and the role of the Arts in empowering older adults to achieve productivity in spite of physical or cognitive limitations. The art and lives of three artists in different media (literature, architecture and music) who continued their creative work into older age will be discussed to illustrate the productivity in the Arts as one ages.

Recent Advances in Late Life Schizophrenia Research

Faculty:
John Kasckow, MD, PhD, MS
Karen Fortuna, PhD
Carl Cohen, MD, MA
Ellen Lee, MD
Description: This symposium will cover recent advances in research on our knowledge of elderly patients with schizophrenia. The topics will range from research studies examining remission, community integration, cognition, depression and health in older adults with schizophrenia, research examining the feasibility and potential effectiveness of using ecological momentary assessments with older adults with schizophrenia, association of cytokine factors with clinical findings in older adults with schizophrenia and a review of the evidence base for pharmacologic treatment of this population. Dr. Carl Cohen will serve as discussant.

Sustaining Remission of Psychotic Depression: The STOP-PD II Study Treatment Risks and Benefits in Late Life

Faculty:
Ellen Whyte, MD
Patricia Marino, PhD
Aristotle Voineskos, MD, PhD

Description: This symposium will present the results of a NIMH-funded study examining the role of discontinuing antipsychotic medication in patients with psychotic depression, once the depressive episode had responded to acute treatment with sertraline plus olanzapine. This is an important question as premature discontinuation of the antipsychotic medication may lead to a relapse of this severe and potentially lethal disorder whereas continuation of the antipsychotic medication may lead to adverse medication effects, such as weight gain and metabolic disturbance, extrapyramidal symptoms and potential impact on brain structure and connectivity. Differences in study outcomes between older adults (n=54) and younger adults (n=72) will be highlighted. In addition, we will present the findings of a separate NIMH-funded study that examined the effects of olanzapine vs. placebo on brain structure and connectivity in a subset of STOP-PD II participants using magnetic resonance imaging -- this is the first placebo-controlled RCT to examine the effects of antipsychotic medication on brain structure and connectivity in humans. Again, results will be presented to highlight the experience of older adults.

The Convergence of Geroscience and Mental Health in Older Adults

Faculty:
Breno Diniz, MD, PhD
Olivia Okereke, MD, MSc
Patrick Brown, PhD
Howard Aizenstein, MD, PhD

Description: In this session, we will discuss the latest advances in the understand of how aging processes can affect the development of neuropsychiatric disorders in the elderly. We will discuss how different hallmarks of biological aging are related to depression and anxiety (e.g. DNA damage, epigenetic aging). We will discuss the role of mitochondrial function in the development of frailty and depression. Finally, we will show data about the association between brain aging, examined by neuroimaging, and cognitive reserve in older adults.
Venus and Mars: The Importance of Sex In Late-Life Neuropsychiatric Disorders

Faculty:
Paul Newhouse, MD
Kimberly Albert, PhD
Julie Dumas, PhD
Sepideh Shokouhi, PhD

Description: Differences in the risk for both cognitive and emotional disorders by sex and gender are an increasing area of investigation. This session will explore advances in our understanding of sex differences in late life neuropsychiatric disorders including depression and neurodegenerative disease. Advances in clinical and translational neuroscience have begun to reveal potential reasons for these sex differences. Studies examining differences in stress responsivity, emotional processing, and cognitive operations and how these are affected by sex hormones have begun to reveal some of the neurobiological underpinnings of sex differences in mood disorders and how these differences change in late life. Sex-related structural differences in how abnormal proteins spread in the brain during the prodromal phases of Alzheimer's disease may make a major contribution to understanding how sex affects the risk for developing Alzheimer's disease. Sex hormone effects on neurotransmitter systems that are important for cognitive operations may also help clarify relative risk for developing cognitive impairment in late life. This work will be placed in context as to how this research may point the way towards sex-specific prevention strategies and novel treatments.

Writing and Getting Published: Developing This Important Skill Set For Geriatric Mental Health Professionals

Faculty:
Juan Young, MD
Rajesh Tampi, MD, MS, DFAPA, DFAAGP
Meera Balasubramaniam, MD, MPH
Shilpa Srinivasan, MD, DFAPA

Description: This session will discuss the importance of publishing and writing among current and future geriatric psychiatrists as well as provide a structured guide by which physicians may produce high quality manuscripts for publication and enhancement of their academic and clinical careers.